



AYURVEDIC YOGA MASSAGE TRAINING

2nd – 14th of June 2019

La Palma, Canary Islands



Gandha Sarika Patil

Certified Trainer
Directly trained by
Kusum Modak

Ayurvedic Nutritionalist
Ayurvedic Yoga Therapist

A rare and special massage coming from the land of Ayurveda and Yoga, evolved by Grandmaster Kusum Modak.

This therapeutic massage, a unique technique bringing best of Ayurveda and the therapeutic effect of Yoga together, giving a combined benefit on body-mind. This training of level-I is a 12 days intensive course.

Lunch is included during the training, Ayurvedic vegetarian meal designed specially for the training purpose.

LOCATION: **PARAMI**, Las Norias Abajo

FEE: 900 € (course) + 140 € (lunch)

Participants limit - 12 only

Detailed information:

<http://balance-life.de/Training-Ayurvedic-Yoga-Massage>

REGISTRATION and ENQUIRIES:

invitebalance@t-online.de



Home to incredible landscapes, imposing volcanoes, dense forests, unique beaches and star scattered skies, the island of La Palma is rightfully named 'La Isla Bonita'

